

Career Services Internship Testimonial



Leonardo Quattrucci

**JCU Degree Seeking - BA in International Affairs, – expected graduation May 2013
Internship with Italian Camera dei Deputati**

I am Leonardo Quattrucci, a degree-seeking student at John Cabot University. I am currently entering my senior year and, before completing my BA in International Affairs in May 2013, I felt the need to enrich my academic background with a more professional experience in my field of study.

My first internship was at the “*Camera dei Deputati*”, the Italian Parliament’s Lower Chamber. There, I worked for 4 months in the secretariat of an Italian Member of Parliament elected in the foreign administrative district for Central and North America. Initially, my tasks consisted in translating from English to Italian, analyzing, and reporting Italian and European law proposals and decrees. However, as I adapted to the mechanisms of the office, my responsibilities grew. In the end, I found myself actively supporting the secretariat in planning national and international events, scheduling and organizing the political agenda, managing contacts and relations, and researching relevant material.

Certainly, I consider the internship a fundamental factor in my present and future development, both professionally and personally. It has taught me necessary qualities, such as patience, readiness, flexibility, and humility. By simply observing the various activities in the context in which one works, one can learn a lot. Naturally, if sometimes I was assigned very fascinating duties, at other times my days were all but exciting.

Thus, a few suggestions: firstly, do not take criticism personally, but learn from it. Secondly, do not get discouraged, but keep on trying to be proactive even if you make mistakes.

In conclusion, I strongly recommend applying for an internship. I have found that internships have been very fruitful for my personal and professional growth. Therefore, do not be scared and absolutely give it a try!

Leonardo Quattrucci