

MIRAGGIO

Via della Lungara 16A
Lunch

CAFFE' SETTIMIANO

Via Di P. Settimiana 1
Breakfast

FRIENDS

Piazza Trilussa 34
Lunch & Breakfast

T-BONE STATION

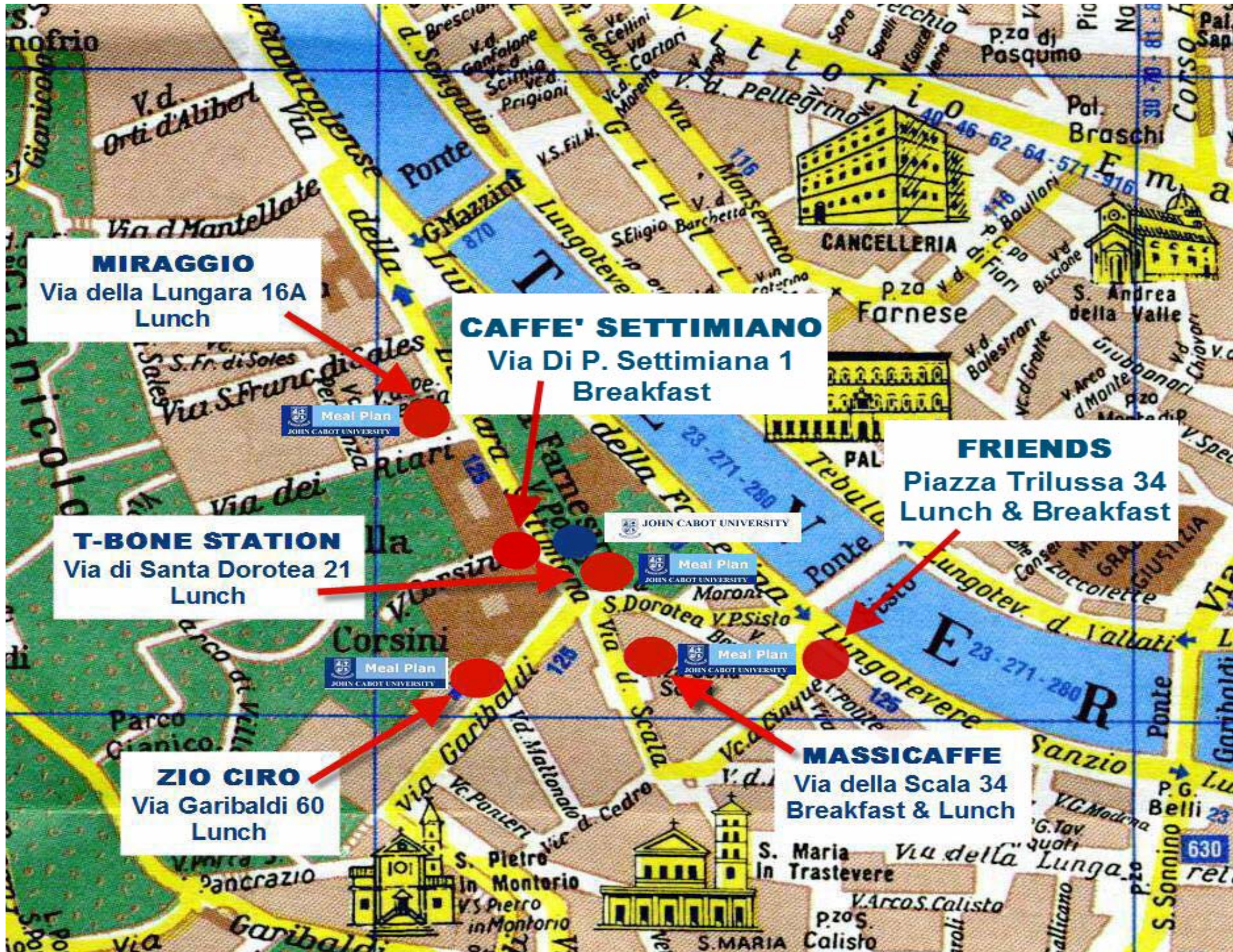
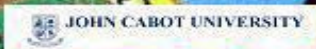
Via di Santa Dorotea 21
Lunch

MASSICAFFE

Via della Scala 34
Breakfast & Lunch

ZIO CIRO

Via Garibaldi 60
Lunch





Meal Plan

JOHN CABOT UNIVERSITY

MIRAGGIO

Via della Lungara, 16/a

Lunch Menu

Choose one "Primo" or one "Secondo"

- 4) "Primi" - Choice of pasta dishes
- 5) "Secondi" – Choice of meat/vegetable dishes
 - a. Melanzane alla parmigiana
 - b. Petto di tacchino all'arancio
 - c. Scamorza alla Griglia

One ½ liter bottle of water included

ZIO CIRO

Via Garibaldi, 60

Lunch Menu

Choices are made from the menu of the day

- 1). "Primi" – Choice of Pasta dishes
- 2) "Secondi" – Choice of Meat/Vegetable dishes

One ½ liter bottle of water included

PLUS: In addition to the value of the voucher "Zio
Ciro"
will offer a choice of 1 dessert, 1 Macedonia or 1
Bruschetta

**BE SURE TO IDENTIFY YOURSELF
AS A MEAL PLAN PARTICIPANT AND
ASK FOR THE JCU MEAL PLAN**

A BRIEF GUIDE TO MEAL PLAN OFFERINGS

T-BONE STATION

Via di Santa Dorotea, 21

Lunch Menu

Choose from:

- 1) Mini Nachos con salsa taco + hamburger/cheeseburger & fries + small soft drink
- 2) Mini Nachos con salsa taco + hot dog & fries + small soft drink or ½ liter acqua
- 3) Mini Nachos con salsa taco + golden fried chicken & fries + small soft drink or ½ liter acqua
- 4) Mini Nachos con salsa taco + small soft drink or ½ liter acqua

MASSICAFFE

Via della Scala

Breakfast:

Cappuccino, broche\croissant and fruit juice

Lunch:

If a "Primo" is chosen, "Massicaffe" will offer a complimentary cappuccino

Choose from:

- 1) "Primi" - Choice of pasta dishes
- 2) "Secondi" – Choice of meat/vegetable dishes
- 3) *Pizza* – only served at dinner

One ½ liter bottle of water included

NOTE: These are sample menus and are subject to change by each provider.

CAFFÉ SETTIMIANO

Via Di P. Settimiana, 1

Breakfast

- ✓ Cappuccino, brioche/croissant and fruit juice

FRIENDS

Piazza Trilussa, 34

Breakfast Menu

Choose one of the following options:

- 1) Cappuccino + Croissant + Orange juice
- 2) Toast + Orange juice
- 3) Toast + Cappuccino

Lunch Menu:

Choose one "Primo" or "Secondo" or Salad

- 1) "Primi"
 - a. Pasta and marinara
 - b. Rice parmesan
- 2) "Secondi" - Choice of Meat/Cous Cous plus vegetables and rice
- 3) Salads
 - a. Tuna
 - b. Greek
 - c. Chicken etc

One ½ liter of water included

MARGHERITA

Vicolo del cinque, 1

Lunch

Your Choice of Pizza