



JOHN CABOT UNIVERSITY Athletics Department
Athletics Form



The John Cabot University *Athletics Office* is committed to providing unparalleled programs, services, and facilities to John Cabot University students, faculty, and staff. It is administered by the *Athletic Department Staff* in order to promote health and wellness, provide access to sports and recreational activities, and strengthen the campus community.

The *JCU Athletics Program* consists of sports and recreational activities to develop the integrity and sportsmanship for all members of the John Cabot University Community (JCU). The Athletics Department personnel (staff and coaches) are educators who are expected to contribute to the student-athletes' educational experience by teaching: a) good health habits; b) sportsmanship and fair-play in all situations; c) socially acceptable behavior; d) ethical conduct.

JCU Athletics Membership is available to: a) Degree Seeking students; b) Study Abroad students; c) Faculty; and d) Staff. All applicants must sign the application form, which will remain pending until membership eligibility is confirmed. All memberships will automatically be terminated when the member is no longer a JCU student, faculty, or staff member. Furthermore, all memberships are inclusive of University breaks, holidays, and facility closures.

The following rules and regulations governing the practice and use of all sports and recreational facilities at the *JCU Sports, Fitness, and Recreation Center* have been created to provide equal opportunity and protect the rights of each participant:

- Participation in Athletics programs (sports and recreational) is a privilege, not a right. John Cabot University's codes of conduct are enforced at the Athletics Department at all times. Individuals who engage in unacceptable or irresponsible behavior may have their access to sports and recreational practices as well as access to facilities revoked by the Athletics Department.
Students may be subject to further university disciplinary action as outlined in the John Cabot University Student Code of Conduct: <http://www.johncabot.edu/publications/StudentHandbook.pdf>
- The Athletics program's rules, hours, schedules, practice sessions, attendance, and participation are all determined by the *Athletics Department*.
- All participants of the Athletics program must have a valid physical examination before participating in any sports ("*Visita medica agonistica*") and recreational activities ("*Visita medica di sana e robusta costituzione*") and provide the relative medical certificate;
- All JCU student-athletes and Fitness and Recreational activities participants must read the specific policies and sign an *Athletics Form and Fitness Center Form* prior to using the facility;

Furthermore, as a JCU Athletics Member:

- I hereby grant to John Cabot University the right to review all records relevant to my athletics membership eligibility including, but not limited to, my records relating to enrollment and attendance, academic standing, age, discipline, finances, residence, and physical fitness.
- I hereby grant John Cabot University the right to photograph and/or videotape me and further to use my name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising, and promotional materials both in print and on the website, without reservation or limitation. However, I understand that the authorizations and rights granted herein are voluntary and that I may revoke any or all of them at any time by submitting said revocation in writing to John Cabot University.
- I declare I have read and understood the Athletics Handbook and I totally agree with the Athletics Department Policies.

Name:

Signature:

Date:

Athletics Coordinator's Signature

Date:

Parent/Legal Guardian Signature (if under 18) _____ Date _____

By signing the above document I give the JCU Administration my consent to process any personal data required (Privacy: Italian legislative decree n. 196 dated 30 June 2003)



Fitness Center Form

In consideration of being allowed to participate in any way in the JCU Fitness Center sponsored classes, related events and activities, I, the undersigned, acknowledge, appreciate and agree that:

1. I declare I have read and understood the Athletics Handbook and I totally agree with the Athletics Department Policies
2. The risk of injury from the activities involved in these sport events is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
3. I knowingly and freely assume all such risks, both known and unknown, and assume full responsibility for my participation; and
4. I willingly agree to comply with the stated instructions and policies and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
5. I must be over 18 in order to have access to the JCU Fitness Center facilities and participate in the JCU Athletics Office sponsored activities, classes and events;
6. I must have a valid physical examination issued by an Italian medical doctor before participating in any sports and recreational activities and provide the relative medical certificate;
7. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify and hold John Cabot University, the JCU Athletics Office, the JCU Fitness Center, their officers, officials, agents and/or employees, other sport participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event or activity harmless with respect to any and all injury, disability, death, or loss or damage to person or property, to the fullest extent permitted by law.
8. I, understand and assume that the JCU Fitness Center is an unsupervised fitness center, which may pose a special risk for members to consider. I, assume all risks associated with using exercise equipment and exercising alone without aid and presence of Fitness Staff. The athletics office strongly recommends that students use the gym facilities during hours of supervisions by the JCU designated trainers.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name: _____

Signature: _____

Date: _____

Parent/Legal Guardian Signature (if under 18) _____ **Date** _____

By signing the above document I give the JCU Administration my consent to process any personal data required (Privacy: Italian legislative decree n. 196 dated 30 June 2003)